



2011 Mid-Jersey Selects Winter Tournament Team

Program Information:

The Mid-Jersey Selects are program specializing in tournament teams composed of the top youth hockey players from NJ. The players selected for these teams will receive top flight training on and off-ice. With no ties to any school, club or organization the main focus of this program is to take dedicated players and run them through high repetitions of game used skills with the added structure of new and unique team concepts and systems. With no state or national title on the line the main focus of the MJS Coaching Staff is on player development and fun, competitive tournaments in which to showcase what has been learned.

Program Structure:

- (12) On-ice practices (high repetitions of game used skills, and system work)
- (4) Off-ice sessions (including the strength, speed and balance drills need to achieve the highest level of play)
- (1) Tournament - Presidents' Weekend, local district (NY, NJ, PA)

Team: U16 AA extended season (Begins in December) Players rostered on High School Teams are not only eligible but are also encouraged to play, practices are designed to involve limited conflicts.

Coaching Staff:

Brian Hennelly

- Currently Coaching with: MJS U16 AAA, MJS U16 AA and Bears Bantam B, BSA Hockey Director, Coach of youth programs and summer camps

Sean Cromarty

- Currently Coaching with: MJS U16 AAA, MJS U16 AA and Westfield High School Varsity HC and owner of Competitive Advantage Training.

Tryouts Dates:

MJS will host a FREE tryout on:

Saturday, December 10th @ 9:25PM

The tryouts will be held at Bridgewater Sports Arena. We strongly recommend registering in advance.

Contracts will be signed and payment made that night

Tuition:

Each player tuition is ONLY \$350!!

All tuitions include: Tournament (1), Practices (12), Training Sessions (4),

***Jersey & Socks**

*Game Jerseys are returned at the completion of the tournament.



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PLEASE FILL OUT FORM COMPLETELY AND BRING TO TRYOUTS

ALL TRYOUTS ARE AT:

Bridgewater Sports Arena, 1425 Frontier Rd., Bridgewater, NJ 08807

Ph (732) 627-0006 - Fax (732) 627-0973 - E-mail Hockey@BSAarena.com

Name: _____ **DOB:** _____ **Position:** **F D G**

Address: _____ **City:** _____ **St.** _____ **Zip:** _____

Phone (h): (____) _____ **Phone (w):** _____ **ext:** _____

Phone Cell: (____) _____ **Email:** _____

MEDICAL ISSUES _____

Release and Waiver of Liability

I hereby give my approval for the above named applicant to participate in the BSA Mid-Jersey Selects Program. I understand that there are many risks inherent in, and incidental to ice skating and participation in ice hockey, and I am willing to participate (or to permit the applicant to participate, if different from the undersigned to participate) in the BSA Mid-Jersey Selects Program. I assume all risks inherent in and incidental to such participation and I hereby release, absolve, indemnify, and hold harmless: Bridgewater Sports Arena, DJD Amusement LLC there partners, members, officers, employees, and staff of any claim arising out of any injury to me (or the applicant, if different from the undersigned). In the event that I (or applicant, if different from the undersigned) am injured and am not able to act for myself, I hereby authorize and request: the partners, members, officers, employees or staff of the Participating Rinks* to act on my behalf to secure appropriate medical treatment. From time to time, pictures may be taken in which participants may appear. I authorize DJD Amusements LLC DBA Bridgewater Sports Arena to use said pictures in public displays or advertising.

Guardian Signature: _____ **Date:** _____

Emergency Contact: _____ **Phone:** _____